

## **Life Love Shopping Show Synopsis – Week of 10/14/24**

### **Episode 258**

Coming up on LLS, We take a closer look at the online dating phrase, “Kitten Fishing.” Find out what it means and why it’s catching so many people off guard. Plus, we're checking in with our registered dietician for the six steps to a body reset. How you can reboot your metabolism with a simple makeover. And speaking of makeovers, we will introduce you to the California man who spent \$20K on a doghouse as a birthday gift for his new pup. We’ve got your life and style guide from A to Z on ‘Life, Love Shopping!’